

2011 Arnold Sports Festival Open Weightlifting

Sex	Name	Team	Weight Class	Body Weight	Age	First Snatch	Second Snatch	Third Snatch	First Jerk	Second Jerk	Third Jerk	Best Snatch	Best Jerk	Total	Sinclair Total
F	Amanda Sandoval	COFF	58	57.73	29	-87	-87	87	106	110	-114	87	110	197	259.7167
F	Rizelyx Rivera	ECGO	58	57.99	24	80	83	85	100	103	105	85	105	190	249.6900
F	Kelly Williams	COFF	48	47.74	33	68	71	73	87	-90	-90	73	87	160	245.5422
F	Natalie Burgener	TXFT	69	63.66	28	90	94	-96	103	-109	-109	94	103	197	243.3089
F	Aimee Anaya Everett	CATA	69	67.54	34	-88	-88	88	104	108	111	88	111	199	237.2721
F	Jacquelynn Berube	PINN	58	57.77	40	75	78	80	95	-99	99	80	99	179	235.8698
F	Chioma Amaechi	HASF	75+	115.20	19	93	96	100	126	131	-135	100	131	231	231.7702
F	Holley Mangold	UNA	75+	145.96	22	85	-95	98	115	122	127	98	127	225	225.0000
F	Kara Doherty	CATA	75	74.18	29	83	86	-88	103	107	-109	86	107	193	219.0592
F	Samantha Zimmerman	HATC	75	72.80	24	80	83	-85	-108	108	-112	83	108	191	218.7964
F	Chelsea Kyle	SANW	53	52.34	22	62	64	-66	88	-91	-92	64	88	152	215.8303
F	Jocelyn Forest	CATA	69	67.97	31	76	80	82	-96	96	-100	82	96	178	211.4733
F	Sunny Brar	UNA	63	62.75	26	70	73	75	90	-93	-93	75	90	165	205.6410
F	Kelly Charniga	DYNF	63	61.00	18	-72	72	75	80	82	84	75	84	159	201.8329
F	Rachael Bommicino	COFF	53	52.92	30	62	-64	-66	78	81	-84	62	81	143	201.2748
F	Erin Doyle	UNA	75+	98.31	34	85	90	-93	105	-110	-110	90	105	195	200.3882
F	Gwendolyn Sisto	ECGO	63	62.18	29	70	73	75	84	-87	-88	75	84	159	199.3237
F	Kristin Newman	UNA	75	74.33	30	76	-79	-80	85	90	-96	76	90	166	188.2306
F	Kari Shimomura	HASF	63	62.54	27	70	-72	-72	80	-82	-82	70	80	150	187.3462
F	Veronica Aguila	ECGO	58	57.08	33	58	61	-64	75	79	-83	61	79	140	186.0758
F	Alexandria Argueta	WCWL	58	56.94	24	58	61	63	70	73	76	63	76	139	185.0754
F	Patty Maizels	ECGO	69	63.89	34	63	67	69	81	-86	-86	69	81	150	184.8462
F	Carly Mauch	ECGO	75+	80.25	24	66	-69	-69	92	97	98	66	98	164	179.7260
F	Courtney Valerious	UNA	75	74.13	27	-68	68	-70	88	90	-92	68	90	158	179.3918
F	Diane Fu	CATA	69	63.91	31	-63	65	67	78	-80	-80	67	78	145	178.6501
F	Chelsea Rebman	ECGO	75+	90.00	22	71	-76	76	88	-93	-95	76	88	164	172.5104
F	Lauren Chadwick-Sonnen	TFAF	75	69.15	33	65	-70	-70	77	-80	80	65	80	145	170.6312
F	Jami Benjamin	COLU	53	52.13	26	50	-52	-52	63	65	67	50	67	117	166.6704
F	Jenny Werba	UNA	58	57.77	27	55	58	-60	67	-70	-70	58	67	125	164.7136
F	Cara Van Dorn	ECGO	63	61.95	26	55	-58	-58	70	73	-76	55	73	128	160.8464
F	Jill Burzynski	TWNY	75+	85.20	24	67	72	-75	77	-82	-82	72	77	149	159.5916
F	Melissa Knourek	UNA	58	56.39	33	48	52	-55	62	66	-68	52	66	118	158.2306
F	Paula Aranda	CALP	63	62.25	25	53	-57	57	65	69	-71	57	69	126	157.8403
F	Odeatha Marshal	LIND	53	53.00	22	-45	45	48	59	64	-67	48	64	112	157.4534
F	Andrea Searby	UNA	69	68.69	27	52	55	58	67	-70	-70	58	67	125	147.6365
F	Meghan Norsen	UNA	69	68.13	32	-55	55	-60	66	-69	-69	55	66	121	143.5647
F	Dara May	XFRX	58	57.32	30	40	-44	45	55	58	61	45	61	106	140.4605
F	Megan Aylward	CINC	69	66.96	26	41	-47	47	57	63	-67	47	63	110	131.8043
F	Cherie Knotts	UNA	75+	86.82	29	50	-53	53	55	60	63	53	63	116	123.4378
F	Fatima Musleh	TTEX	75	73.91	27	43	46	-50	61	-64	-64	46	61	107	121.6618

2011 Arnold Sports Festival Open Weightlifting

Sex	Name	Team	Weight Class	Body Weight	Age	First Snatch	Second Snatch	Third Snatch	First Jerk	Second Jerk	Third Jerk	Best Snatch	Best Jerk	Total	Sinclair Total
M	Chad Vaughn	SPOO	77	77.00	31	143	147	-150	177	183	-191	147	183	330	413.8452
M	Carlos Andica	COLO	85	84.95	28	145	150	153	180	187	-190	153	187	340	405.0649
M	Yukio Peter	ISLA	77	76.94	29	135	145	-150	-170	170	-185	145	170	315	395.2052
M	Patrick Mendes	UNA	105+	130.85	21	175	-182	-183	207	-217	-217	175	207	382	392.7061
M	Jhoni Andica	COLO	77	75.85	24	130	135	138	166	170	-173	138	170	308	389.5282
M	Jon North	CALS	94	93.90	25	152	-157	-157	180	189	-192	152	189	341	388.1777
M	Carlos Manuel Campos	SANT	105+	124.20	32	160	-165	165	207	-215	-215	165	207	372	386.6759
M	Itte Detenamo	ISLA	105+	157.17	25	-170	170	-175	205	215	0	170	215	385	386.3543
M	Coard Wilkes	OBXW	94	91.71	22	140	146	-150	-178	178	184	146	184	330	379.4725
M	Caleb Williams	COFF	69	68.81	27	120	125	-127	157	-164	-164	125	157	282	378.0753
M	Michael Cerbus	PEND	77	76.19	25	132	136	-140	155	160	-164	136	160	296	373.4082
M	Shane Maier	WCWL	105+	134.65	27	-155	155	160	200	-207	-210	160	200	360	368.1413
M	David Katoatau	ISLA	94	93.10	27	130	-135	135	170	187	-192	135	187	322	367.8788
M	Phil Sabatini	ECGO	94	93.95	29	145	-150	-154	-175	177	-190	145	177	322	366.4671
M	Garrett Walters	ECGO	105	102.75	28	-140	140	146	168	174	180	146	180	326	358.3057
M	Steven Kari	ISLA	85	84.29	18	-122	122	127	165	170	-175	127	170	297	355.1944
M	Kevin Cornell	PBBC	105	98.11	23	-135	135	142	170	175	-178	142	175	317	354.4984
M	Jared Enderton	CALS	94	93.96	23	135	138	141	168	-173	-175	141	168	309	351.6561
M	Adam Beytin	ECGO	77	76.94	29	118	-125	-127	153	-160	162	118	162	280	351.2936
M	Manueli Tulo	ISLA	56	55.66	21	100	-105	-105	120	125	-130	100	125	225	350.2696
M	Jason Starks	TTEX	105+	130.65	32	145	-152	152	175	180	188	152	188	340	349.6330
M	Kyle Cook	FOXV	94	90.10	28	127	132	-136	162	168	-172	132	168	300	347.6888
M	Manuel Minginfel	ISLA	62	61.49	33	95	100	-105	130	-140	140	100	140	240	346.9725
M	Benn Overkamp	KIRK	105	100.22	29	134	138	-141	164	169	173	138	173	311	344.9647
M	Bryan Marshall	TORW	85	84.72	27	127	132	-135	-156	157	-162	132	157	289	344.7624
M	Drew Dillon	COLU	85	84.05	26	116	121	125	150	154	156	125	156	281	336.5339
M	Phillip Schneider	PEND	77	75.35	21	107	112	115	140	145	150	115	150	265	336.4076
M	Laurent Goyette-Demers	LIND	85	79.70	21	117	-122	-122	150	155	-160	117	155	272	334.7752
M	Jamie Mason	PEND	85	83.30	32	-118	118	122	150	155	-161	122	155	277	333.2302
M	Kevin Roberts	CHAR	105	104.47	27	127	132	-135	157	165	169	132	169	301	328.8939
M	Dutch Lowy	CATA	69	68.80	29	105	-112	-112	135	140	-143	105	140	245	328.4998
M	Jacob Flint	CINC	85	82.94	29	115	118	-122	-148	-148	153	118	153	271	326.7238
M	Kaleb Whitby	DYNS	105	103.69	24	127	-131	131	166	-171	-171	131	166	297	325.3759
M	Greg McElravy	COFF	77	76.21	28	107	-111	111	140	146	-150	111	146	257	324.1613
M	Paul Doherty	HASF	94	90.49	29	120	-125	125	145	150	155	125	155	280	323.8836
M	Tony Grana	KIRK	85	84.64	31	115	120	-125	145	150	-155	120	150	270	322.2457
M	Joel Pudenz	NHWL	105	101.78	21	120	125	128	157	160	-164	128	160	288	317.6292
M	Tony Blanksteen	UNA	105+	122.15	26	130	136	-140	-167	168	-172	136	168	304	317.2334
M	Chris Yorkowitz	ECGO	69	68.79	31	103	-106	106	125	130	-135	106	130	236	316.4616
M	Rob Blackwell	CALS	85	82.95	21	119	-123	-123	140	-145	-145	119	140	259	312.2373
M	Christopher Oakley	TMNJ	94	93.87	26	117	123	-127	-150	151	-160	123	151	274	311.9501
M	David Boffa	METR	85	78.94	31	106	109	113	133	138	-141	113	138	251	310.5172

2011 Arnold Sports Festival Open Weightlifting

Sex	Name	Team	Weight Class	Body Weight	Age	First Snatch	Second Snatch	Third Snatch	First Jerk	Second Jerk	Third Jerk	Best Snatch	Best Jerk	Total	Sinclair Total
M	Jonathon Barnett	UNA	85	84.92	27	113	118	-122	140	-145	-145	118	140	258	307.4258
M	Michael Calelly	SPPL	85	84.29	33	105	108	-112	135	140	145	108	145	253	302.5730
M	Mark Miskovski	TWNY	77	76.45	23	-105	105	-110	134	-139	-139	105	134	239	300.9256
M	Chris McGinnis	ECGO	77	76.05	30	98	-102	102	-130	130	135	102	135	237	299.2888
M	Brian Platt	TMNJ	94	92.92	26	110	-114	-115	145	-150	150	110	150	260	297.2905
M	Jose Carranza	SPOO	77	76.05	26	100	105	-110	125	130	-135	105	130	235	296.7631
M	Mike Ng	CALP	85	81.23	32	105	-110	-110	-135	135	-140	105	135	240	292.4524
M	Joe Fondale	ECGO	94	92.63	34	105	110	115	-135	135	140	115	140	255	291.9641
M	David Lewandowski	PBBC	77	76.87	24	90	95	100	120	125	130	100	130	230	288.7088
M	Jon Zajac	ECGO	69	68.97	21	95	100	-103	110	115	-118	100	115	215	287.8265
M	Louis Mangiaracina	METR	69	68.41	29	89	-93	-93	119	123	-127	89	123	212	285.2797
M	Wesley Kimball	UNA	105+	116.79	28	116	120	-123	145	150	-155	120	150	270	285.0126
M	Douglas Berninger	TOLW	77	76.12	25	94	99	101	116	120	124	101	124	225	283.9876
M	Jesse Malcomb	UNA	94	92.04	31	107	110	-114	132	-137	137	110	137	247	283.5858
M	Robert Sirkis	SPOO	69	65.71	30	80	85	-90	110	115	119	85	119	204	281.7935
M	David Almeida	UNA	77	73.05	24	91	-96	-100	120	126	-131	91	126	217	280.4789
M	Geoff Grambo	TMOP	105	97.69	25	100	105	110	135	-140	140	110	140	250	280.0433
M	Cameron Davidson	PBBC	94	93.59	28	105	110	-113	130	135	-140	110	135	245	279.2850
M	Joel Quintong	SACR	94	91.67	32	105	-110	-110	135	-140	-140	105	135	240	276.0326
M	Trevor Ging	ECGO	105+	108.34	26	101	106	-110	132	138	145	106	145	251	270.9367
M	Eric Mattessich	TMNJ	85	84.03	23	100	-105	-105	120	-125	125	100	125	225	269.4985
M	Makana Atisanoe	LIND	105	103.00	23	100	105	-110	120	130	140	105	140	245	269.0447
M	Eric Rosenstock	UNA	69	68.48	27	-90	-90	90	110	-120	-121	90	110	200	268.9568
M	Frank Voris	TMNJ	105	99.39	25	100	110	-115	130	-140	-140	110	130	240	267.0505
M	Matthew Kalinowski	TWNY	85	84.37	24	95	100	-105	122	-130	-130	100	122	222	265.3746
M	Anton Lushenko	PBBC	94	92.73	31	95	102	-107	120	-125	125	102	125	227	259.7850
M	Thomas Lougen	TWNY	94	93.99	21	-95	95	-102	132	-137	-137	95	132	227	258.3018
M	Francis Kennedy	HOUS	105+	118.04	23	100	105	-110	130	135	140	105	140	245	257.8858
M	Jeremy Shepard	EAWL	105	104.34	27	95	101	106	120	128	-134	106	128	234	255.7958
M	Jake Pudenz	UNA	105	104.35	23	90	97	-103	125	134	-143	97	134	231	252.5079
M	Milo Swain II	CHAR	77	73.18	22	85	-90	-90	105	110	-115	85	110	195	251.7786
M	Mike Graber	TMNJ	62	57.71	27	70	74	-77	92	-97	-97	74	92	166	251.3738
M	Raphael Dozzi	XFOK	94	92.80	27	97	-101	101	-117	117	-121	101	117	218	249.4045
M	Anthony Hernandez	XFRX	69	63.93	34	80	-88	-90	-97	97	-105	80	97	177	249.0582
M	David Cho	TTEX	105+	140.27	28	-100	-100	100	-145	145	-150	100	145	245	248.9000
M	Vince Cantelm	PBBC	105	99.19	21	95	101	-105	-120	122	-130	101	122	223	248.3256
M	Ben McCarthy	UNA	77	75.32	21	84	-90	-90	111	-115	-119	84	111	195	247.6014
M	Matthew Nourse	SUTT	105	103.30	24	95	100	-105	125	-130	-131	100	125	225	246.8259
M	Phillip Johnson	UNA	85	84.00	32	85	90	-93	110	113	115	90	115	205	245.5865
M	Keith Connolly	CINC	56	54.67	26	-68	-68	68	-82	82	85	68	85	153	241.5536
M	Cody Basala	LIND	94	92.59	22	-80	-80	80	110	120	130	80	130	210	240.4857
M	Ron Walker	CINC	69	67.89	30	75	80	-83	90	96	-101	80	96	176	237.9932

2011 Arnold Sports Festival Open Weightlifting

Sex	Name	Team	Weight Class	Body Weight	Age	First Snatch	Second Snatch	Third Snatch	First Jerk	Second Jerk	Third Jerk	Best Snatch	Best Jerk	Total	Sinclair Total
M	Christopher Kardos	UNA	77	72.20	24	78	-82	82	98	-103	-103	82	98	180	234.2824
M	Brian Anderson	UNA	77	75.08	23	75	-80	-80	98	103	108	75	108	183	232.7888
M	Benyamin Williams	CINC	105	99.70	30	80	85	-90	110	116	-123	85	116	201	223.3899
M	Daniel Spitler	LIND	85	83.84	21	75	-80	-80	105	110	-115	75	110	185	221.8369
M	Trent Smith	LIND	105+	166.47	22	83	88	93	115	120	125	93	125	218	218.1440
M	Mark Patrick	ECGO	105	95.52	24	70	75	81	100	105	-109	81	105	186	210.2375
M	Patrick Kesselmayr	TOLW	85	83.75	24	65	70	-75	95	100	-107	70	100	170	203.9592
M	Ryan Cockren	TMNJ	94	92.92	23	72	-77	-77	95	100	105	72	105	177	202.3862
M	Ralph Guglielmi	UNA	85	77.65	30	63	66	-70	87	89	92	66	92	158	197.2256
M	Denzel Reina	UNA	77	76.94	21	70	75	-80	80	-85	-85	75	80	155	194.4661
M	Hiroki Naganobori	UNA	77	69.32	34	-100	101	-103	-111	-111	-112	101	0	0	0.0000
M	Lorenzo Inglese	PBBC	105	100.95	27	110	113	-116	-140	-140	-140	113	0	0	0.0000
M	Patrick Mahoney	LIND	85	84.45	23	107	-111	111	-140	-140	-140	111	0	0	0.0000
M	Dan Goeller	TMNJ	105	100.09	26	-121	-121	-121	135	0	0	0	135	0	0.0000
M	Joshua King	XFRX	105+	114.50	25	-120	-120	-120	165	-170	-170	0	165	0	0.0000
M	Daniel Russell	TFAF	94	92.66	24	95	-100	100	-128	-128	-128	100	0	0	0.0000
M	Jason Dinius	SANP	94	91.48	32	117	-122	-122	-140	-140	-140	117	0	0	0.0000
M	Lyndon Echels	COFF	105	104.33	27	0	0	0	0	0	0	0	0	0	0.0000
M	Kendrick Farris	LSUS	85	84.85	25	150	-155	155	-197	-197	-197	155	0	0	0.0000
M	Zach Krych	MINN	85	84.17	29	143	-148	-150	0	0	0	143	0	0	0.0000
M	Donovan Ford	HASF	105	99.15	21	-150	-150	-150	178	183	188	0	188	0	0.0000